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# Assessment Criteria for the Certification of Proficiency in Nutrition

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Subject Expert Panel  
Ceylon Medical College Council  
Sri Lanka



*This document has been prepared in accordance with current globally accepted competencies and minimum standards by the relevant bodies in nutrition.*

# CERTIFICATION OF PROFICIENCY IN NUTRITION APPLICATION AND EVALUATION FORM

## Introduction

This document lists the competencies and minimum standards which must be met by a candidate applying for the Certificate of Proficiency in Nutrition issued by the Ceylon Medical College Council and the information and documentary evidence to be provided by the applicant in support of having met these competencies.

## Competency standards for Nutritionists

1. Apply key concepts of knowledge, regularly acquiring new knowledge
2. Work within evidence – based approaches and be familiar with policies, regulations and guidelines
3. Work within ethical and legal boundaries maintaining confidentiality, honesty, responsibility and professionalism
4. Plan and execute interventions at community level within a multidisciplinary team
5. Undertake research within multidisciplinary teams
6. Demonstrate leadership and professionalism in nutrition advocacy
7. Be culturally aware and responsive demonstrating inclusivity
8. Communicate effectively across varied cultural, socioeconomic, professional and organisational backgrounds
9. Reflect on and review their own work and undertake continuing professional development activities to address identified gaps
10. Promote health and prevent ill-health

## A. Personal information

1. Surname (IN BLOCK LETTERS):.....

2. Other names (IN BLOCK LETTERS):.....

3. Address (IN BLOCK LETTERS):.....

.....

4. Telephone:.....

5. Email:.....

6. Date of birth:.....

7. Sex: .....

8. National identity card number: .....

9. Licenses obtained from other bodies to practice as a dietician or allied discipline, if any (include most relevant license only):

Licensing body & Licensed profession: .....

Country & Dates of validity: .....

Registration number: .....

10. Present employment:

.....

.....

11. Posts held (list in chronological order):

Post	Institution	Dates		Official use
		From	To	

## B. Documentary evidence required

### Instructions

In this section, the required qualifications and experience are listed under subsections along with accepted forms of evidence for each requirement.

- Complete all tables relevant to your qualifications given under this section
- Submit evidence in the form of a page numbered set of appendices.
- Report the page numbers in the relevant tables. (Please note that providing one type of evidence e.g., certified copy of a transcript, is sufficient for each requirement. In the case of web documents a printout of the relevant page is required).
- Highlight the relevant section of the document submitted as evidence

### 1. Bachelor's qualification in nutrition - degree certificates and transcripts

#### Minimum standard:

Bachelor's Degree (BSc) in human nutrition/food science and nutrition/nutrition and dietetics/human biochemistry or physiology with nutrition must be a 3 or 4-year honours degree with a research project.

#### Evidence:

Certified copies of degree certificates annexed as given below.

Qualifications	Awarding body/institution	Date awarded	Page number of appendix	Official use

## 2. Additional supporting documents required with respect to Bachelor’s qualifications in nutrition

### Minimum standard:

A bachelor’s degree with a specialization in nutrition at Level 6 of the Sri Lanka Qualifications Framework (SLQF).

### Evidence

Evidence	Relevant page number(s)	Official use
<b>2.a</b> University Grants Commission (UGC) recognition of the degree programme or World Educational Service (WES, <a href="https://www.wes.org/">https://www.wes.org/</a> ) Course-by-Course evaluation report		
<b>2.b</b> Evidence that the degree programme has a minimum requirement of a 90 credits in order to graduate		
<b>2.c</b> Document issued/published by the degree granting institution indicating the value of a credit in terms of contact hours and/or notional hours.		
<b>2.d</b> Document issued/published by the degree granting institution indicating the minimum passing grade for a course within the degree programme (e.g., C, C-, D...)		

## 3. Courses completed with respect to Bachelor’s qualifications in human nutrition or related specialization (eg: Food & Nutrition)

### Minimum standards:

1. Adequate coverage of content in human biosciences and food and nutrition science within the undergraduate degree programme.
2. Application of science in the practice of nutrition in an evidence-based manner.

### Evidence:

Indicate courses that fulfil the core areas listed. The table below provides examples of potential courses that may fulfil the content areas listed. You may add any other relevant course names in place of those given. Certified copy of the transcript is mandatory and course outlines/syllabi/handbook pages may also be included for courses other than those listed. Note that the transcript should indicate a passing grade for each core area of study. Relevant optional courses from the list given below may also be included.

Core areas of study are marked with an asterisk	Courses or subjects – specify courses completed.  (Possible courses are given as examples. Courses are not limited to examples given).	Please state, exactly as indicated in the transcript or course outline/syllabus/pages of the handbook  Also, indicate the relevant page number of the highlighted appendices in each cell.		Official use
		Number of credits	Semester and year	
Human biochemistry and metabolism*	Example: Principals of biochemistry/metabolism ..... .....			
Human physiology*	Eg. Principals of physiology ..... .....			
Human nutrition*	Eg. Diet and health ..... .....			
Lifecycle nutrition*	Eg. Nutritional requirements in life stages ..... .....			
Diet disease relationships*	Eg. Nutrition principals in disease ..... .....			
Assessment of nutritional status in individuals including skills*	Eg. Skills training in nutritional assessment ..... .....			
Research methodology in nutrition*	Eg. Nutritional epidemiology ..... .....			
Research project *	In any topic related to nutrition Brief Topic:			

	..... .....			
Science communication and ethics	Eg. Ethics of publication ..... .....			
Public health nutrition	Eg. community nutrition ..... .....			
Nutrition science of exercise	Eg. Sports nutrition ..... .....			
Health promotion	Eg. Communication in health promotion ..... .....			
In-depth study of a topic	Eg. Library project in current topics ..... .....			
Field assignment	Eg. Community setting/organization working in nutrition/health care setting Indicate where ..... .....			

#### 4. Certification of proficiency as a Nutritionist with a MSc degree

Those who do not have a BSc in human nutrition (or similar degree) but who have a 2-Year MSc qualification (level 10 of the Sri Lanka Quality assurance Framework) in nutrition (with a research dissertation) can be considered, provided their BSc degree contains an acceptable level of biology, biochemistry or human physiology.

#### Evidence:

Certified copies of degree certificates annexed as given below.

Qualifications	Awarding body/institution	Date awarded	Page number of appendix	Official use

## 5. Additional supporting documents required with respect to MSc qualification in Nutrition

### Minimum standard:

An MSc degree with a specialization in nutrition/dietetics at Level 10 of the Sri Lanka Qualifications Framework (SLQF) or equivalent.

### Evidence:

Evidence	Relevant page number(s)	Official use
<b>2.a</b> University Grants Commission (UGC) recognition of the degree programme or World Educational Service (WES, <a href="https://www.wes.org/">https://www.wes.org/</a> ) Course-by-Course evaluation report		
<b>2.b</b> Evidence that the degree programme has a minimum requirement of 60 credits in order to graduate		
<b>2.c</b> Document issued/published by the degree granting institution indicating the value of a credit in terms of contact hours and/or notional hours.		
<b>2.d</b> Document issued/published by the degree granting institution indicating the minimum passing grade for a course within the degree programme (e.g., C, C-, D...)		

## 6. Courses completed with respect to MSc qualification in nutrition

### Minimum standards:

1. Adequate coverage of content in food and nutrition science and/or dietetics within the postgraduate degree programme.

2. Application of science in the practice of nutrition in an evidence-based manner.

Indicate courses that fulfil the core areas listed. The table below provides examples of potential courses that may fulfil the content areas listed. You may add any other relevant course names in place of those given.



Core areas of study are marked with an asterisk	Courses or subjects	Please state, exactly as indicated in the transcript or course outline/syllabus/pages of the handbook  Also, indicate the relevant page number of the highlighted appendices in each cell.		Official use
		Number of credits	Semester and year	
Human nutrition and metabolism*				
Lifecycle nutrition *				
Nutritional assessment*				
Diet and disease*				
Nutritional epidemiology*				
Research methodology*				
Research dissertation *(1 year)				
Optional courses:				
Public health nutrition				
Statistics/mathematics				

## 7. Certification of proficiency as a Nutritionist with a PhD degree

Those who do not have a BSc in nutrition but who have a PhD in nutrition need to have obtained a BSc degree in human biology, human biochemistry or human physiology. Such candidates must provide all relevant details above and also provide details regarding their PhD in the table below.

**Evidence:**

Certified copy of degree certificate annexed as given below.

<b>Qualification</b>	<b>Awarding body/institution</b>	<b>Date awarded</b>	<b>Page number of appendix</b>	<b>Official use</b>

<b>Subject area of the PhD</b>	<b>Title and abstract of the PhD thesis (provide page number of annexure)</b>	<b>Awarding University</b>	<b>Date of award</b>	<b>Official use</b>

## EVALUATION PANEL COMMENTS AND FEEDBACK FORM

**File No. .... Applicant name: ..... Date: .....**

Name of panel member	Declaration of prior relationship(s) with applicant and/or potential conflicts of interest	signature
1.		
2.		
3.		

Subsection of application	Fulfils min requirement Y/N	Concerns if any	Follow-up action required
1.			
2.			
3.			
4.			
5.			
6.			
7.			

Overall recommendation

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