



**CEYLON MEDICAL COLLEGE COUNCIL**

**Certification of Proficiency in Clinical Psychology**

**Application and Evaluation Form**

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**FOR OFFICE USE ONLY**

**File No.**

**Applicant name:**

Date of Receipt:

Application and all supporting documents have been received: Yes/No

Received by

Name:

Signature:

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**Evaluation Panel's Comments and Feedback**

<b>Name of panel members</b>	<b>Declaration of no conflicts of interest</b>	<b>Signature &amp; Date</b>

**Observations:**

<b>Sub-Section D</b>	<b>Applicant fulfills minimum qualification (Y/N/?)</b>	<b>Comments/Concerns</b>	<b>Follow-up action required</b>
1			
2			
3			
4			

5			
6			
7			
Other concerns			

Overall recommendation by the Panel:

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**Registration (to be completed by Registrar-CMCC)**

Granted/Not granted

Name and Signature of Registrar

Date:

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## **INFORMATION FOR THE APPLICANT**

### **A. Introduction**

This document details the competencies which must be met by a candidate applying for the Certificate of Proficiency in Clinical Psychology issued by the Ceylon Medical College Council and the information and documentary evidence to be provided by the applicant in support of meeting such competencies.

### **B. Competencies sought of a clinical psychologist**

The competencies required of a clinical psychologist seeking registration are given in this section, “B”. To ensure that the competencies listed below are met, the subsequent section, “C”, indicates minimum standards in terms of qualifications and experiences, along with the documentation that must be submitted as evidence of having fulfilled these standards.

1. Assess and diagnose mental health problems.
  - a. in relation to relevant international taxonomies of classification of psychological disorders, and
  - b. by using diverse assessment tools including structured and semi-structured interviews and psychometric tests (such as intelligence, personality, neuro-cognitive/neuropsychological).
2. Formulate adult and child mental health problems within a psychological framework, giving due consideration to psychosocial, contextual, and cultural factors in diverse settings.
3. Apply evidence-based psychological principles and therapies to address adult and child mental health problems and disorders, in individual, couple, family, and group contexts.
4. Recognize the application of psychopharmacology as it relates to psychological disorders.
5. Plan and apply psychological interventions to address the psychosocial dimensions of physical diseases.
6. Undertake research to advance the theory and practice of clinical psychology.
7. Demonstrate ethical practice and professional conduct within one’s role as a clinical psychologist.
8. Demonstrate awareness and sensitivity to economic, socio-cultural, and individual differences when working with people, groups, and communities.

**TO BE COMPLETED BY THE APPLICANT**

**C. Personal information**

1. Surname (IN BLOCK LETTERS):.....

2. Other names (IN BLOCK LETTERS):.....

3. Address (IN BLOCK LETTERS):

.....  
.....  
.....

4. Telephone numbers:.....

5. Email:.....

6. Date of birth:.....

7. Sex: .....

8. National identity card number/Sri Lankan passport number:

.....

9. Citizenship: .....

10. Present employment:

.....  
.....  
.....

11. Previous posts held (with dates; list in chronological order):

Post	Institution	Dates (from – to)	Office use

#### D. Documentary evidence required

##### Instructions

In this section, the required qualifications and experiences are listed under subsections along with acceptable forms of evidence for each requirement.

- Please complete all tables given under this section, “D”.
- Submit evidence in the form of appendices. Certified translations to English must be submitted, where relevant. Mark each page of the appendices with a unique page number (e.g., 1, 2, 3, ...).
- **Report the page numbers in the tables below.** Please note that providing ONE type of evidence (e.g., a certified copy of a transcript) is sufficient for each requirement. In instances where a web document is provided, please note that the web address from which this information can be retrieved must be provided.
- **Clearly indicate what is presented as evidence in the English version of the appendices.**

*Example: In the first table under Subsection 1, for 1.a*

1. *In the **table (see below)**, mark in the “relevant page numbers” column the page(s) of the respective appendices, and*
2. *In the **appendices**, mark “1.a” in the appropriate place(s).*

**1. Bachelor’s qualifications in psychology - Degree certificates and transcripts**

**Minimum standard:**

Degree in psychology or a Bachelor’s level qualification in which at least 60 credits are in the discipline of psychology, at Level 6 of the Sri Lanka Qualifications Framework (SLQF).

**Evidence**

Certified copies of degree certificates.

<b>Qualifications</b>	<b>Awarding body / Institution</b>	<b>Date awarded</b>	<b>Relevant page number(s)</b>	<b>Office use</b>
<b>1.a</b>				
<b>1.b</b>				
<b>1.c</b>				

**2. Additional supporting documents required with respect to Bachelor’s qualifications in psychology**

<b>Evidence</b>	<b>Relevant page number(s)</b>	<b>Office use</b>
<b>2.a</b> University Grants Commission (UGC) recognition of the degree programme or World Educational Service (WES, <a href="https://www.wes.org/">https://www.wes.org/</a> ) Course-by-Course evaluation report		
<b>2.b</b> Evidence that the degree programme has a minimum requirement of 120 credits to graduate		
<b>2.c</b> Document issued/published by the degree-granting institution indicating the value of a credit in terms of contact hours and notional hours.		
<b>2.d</b> Document issued/published by the degree-granting institution indicating the minimum passing grade for a course/subject within the degree programme (e.g., C, C-, D...)		

**2.e** State the approximate number of contact hours (hours of direct instruction) for the completion of the degree: \_\_\_\_\_

### **3. Courses completed with respect to Bachelor's qualifications in psychology**

#### **Minimum standard:**

Adequate coverage of content in psychology within the bachelor's degree programme, which must cover the following core areas of study with at least three credits, or equivalent, completed in each area (potential course/subject names are listed). (*Note: 1 credit = 15 contact hours/50 notional hours*)

#### **Evidence**

Please indicate the courses/subjects that fulfill the core areas that are listed below. The table below provides examples of potential courses/subjects that may fulfill the content areas listed. Please attach certified copies of transcripts and course outlines/syllabi/handbook pages. Note that the transcript should indicate a passing grade for each core area of study.

Core areas of study	Examples of courses/subjects	Please state, exactly as indicated in the transcripts and course outlines/syllabi/handbook pages. Also, indicate the relevant page number of the appendices in each cell.			Office use
		Course title	Credits <i>(Note: 1 credit = 15 contact hours/ 50 notional hours)</i>	Semester & Year	
<b>3.a</b> The history and philosophy underpinning the science of psychology	Systems in psychology/ Philosophy in psychology				
<b>3.b</b> Individual differences in capacity, behavior, and personality	Individual differences/Personality and individual differences				
<b>3.c</b> Cognitive processes (such as learning, memory, cognition, language, and perception)	Cognitive psychology; Experimental psychology				



<b>3.d</b> Neuroscience and the biological bases of behavior	Biological psychology; Physiological psychology; Biological basis of human behavior				
<b>3.e</b> Lifespan development	Child psychology; Developmental psychology; Human development				
<b>3.f</b> The individual within their social and physical context	Social psychology				
<b>3.g</b> Culturally and psychometrically appropriate psychological assessments and measurements	Psychological testing; Psychological measurements; Psychometrics				
<b>3.h</b> Quantitative and qualitative research methods and statistics	Research methods; Research methods and statistics				
<b>3.i</b> Psychological disorders and evidence-based interventions	Abnormal psychology; Psychopathology				
<b>3.j</b> The practice of psychology in diverse settings in an ethical and professional manner	Organizational psychology; Educational psychology; Counselling psychology; Health psychology; Community psychology				

#### 4. Postgraduate qualifications in clinical psychology - Degree certificates and transcripts

**Minimum standard:**

A postgraduate qualification in clinical psychology, at least at the SLQF Level 10, consisting of ALL the following: coursework in clinical psychology, practical clinical training, and a research project.

**Evidence**

Certified copies of degree certificates.

*Note that all three aforementioned requirements must be fulfilled through a single degree qualification in clinical psychology. Amalgamating part qualifications from multiple institutions/sources cannot be considered a fulfillment of the stipulated requirements.*

Qualifications	Awarding body/ Institution	Date awarded	Relevant page number(s)	Office use
4.a				
4.b				

#### 5. Courses completed with respect to postgraduate qualifications in clinical psychology

**Minimum standard:**

Adequate coverage of content in clinical psychology within the postgraduate degree programme.

**Evidence**

Please indicate courses/subjects that fulfill the core areas that are listed. The table below provides examples of potential courses/subjects that may fulfill the content areas listed. Please attach certified copies of transcripts/course outlines/syllabi/handbook pages. Note that the transcripts should indicate a passing grade for each core area of study.

Core areas of study	Examples of courses/subjects	Please state, exactly as indicated in the course outline/syllabi/pages of the handbook and/or transcript.  Also, indicate the relevant page number of the appendices in each cell.			Office use
		Course title	Number of credits	Semester & Year	
<b>5.a</b> Understanding the epidemiology, etiology, and theories and critiques of mental health and illnesses, and appreciating the relevance of Policies and Acts governing the practice of mental health services (at least three credits)	Psychosocial foundations of psychopathology				
<b>5.b</b> Research and statistical skills for understanding evidence-based practice and knowledge production, and for conducting independent research (at least three credits)	Advanced/graduate statistics and research methodology; Advanced/ graduate research methods				
<b>5.c</b> Principles of diagnostic decision-making and biopsychosocial formulation with the integration of material derived from patient history, mental state examination, and psychometrically valid and reliable assessments (including personality, cognitive abilities, neuropsychological, and specific disorder-based tests) (at least six credits)	Assessment and diagnosis; Psychological assessments and diagnosis				
<b>5.d</b> Adult and geriatric psychological problems and disorders, their epidemiology, etiology, theories, and evidence-based psychotherapeutic treatment (including CBT), and the	Adult psychopathology and treatment; Adult psychopathology and				

place of pharmacotherapy in their management (at least six credits)	therapeutic interventions				
<b>5.e</b> Child and adolescent psychological problems and disorders, their epidemiology, etiology, and theories, and evidence-based psychotherapeutic treatment, and the place of pharmacotherapy in their management (at least six credits)	Child and adolescent psychopathology and treatment; Child and adolescent psychopathology and therapeutic interventions				
<b>5.g</b> Neuropsychological processes, testing, and the appreciation of neuropsychological rehabilitation across the lifespan (at least three credits)	Neuropsychology				
<b>5.h</b> Health psychology in a general medical context: assessment, treatment approaches, and complex clinical practice issues (at least three credits)	Health psychology; Clinical psychology in medical settings				

## **6. Additional supporting documents required with respect to postgraduate qualifications in clinical psychology.**

### **Minimum standard:**

#### Practical clinical training

The clinical psychology postgraduate degree must consist of a clinical practice component integrated into the said degree program, and which:

- i. Consists of a minimum of 1500 hours of supervised practicum by supervisors fulfilling ‘a.’ or ‘b.’, indicated below; where a particular specialization is required in a placement, ‘c.’ could be considered:
  - a. clinical psychologist licensed by SLMC or a national licensing body in another country,  
or
  - b. clinical psychologist who fulfills the SLMC criteria for licensing,  
or
  - c. person with a relevant specialization in psychology who has undergone 1500 hours of supervised practicums in clinical setting/s, as part of their postgraduate psychology degree program
- ii. (a)-(c) should have a minimum of five years of experience since fulfilling the above criteria or have evidence of attaining the equivalent level of competence.
- iii. The clinical practice component:
  - a. Should include both child/adolescent and adult mental healthcare settings:
  - b. Be at a state institution.  
or  
at a nationally mandated institution (which has been approved by the country’s Ministry of Health or equivalent body) that provides the applicant experience with:
    - i. in-patient mental health care
    - ii. out-patient mental health care
    - iii. 24-hour mental health care
  - c. Be at a teaching hospital/institution that has been mandated for teaching health services by the country’s Ministry of Education or equivalent body.
  - d. Where there is provision to provide weekly one-to-one supervision with a supervisor fulfilling requirements stated above (i) for a minimum of one hour (or, group supervision for an equivalent amount of time).
  - e. Where the placement should ensure the applicant is assigned a minimum caseload of 10 clients/patients, at any given time, on active psychotherapy, where there is clear evidence of the depth and breadth of the provision of assessment and psychotherapy by the applicant.

**Evidence**

Standard	Evidence	Description of submitted evidence	Relevant page number(s)	Office use
<p><b>6.i</b> Consists of a minimum of 1500 hours of supervised practicum</p>	<p>Formal document issued by the degree awarding institution indicating the number of hours of supervision</p>			
<p><b>6.ii</b> Supervisors must fulfill ‘a.’ or ‘b.’, indicated below; where a particular specialization is required in a placement, ‘c.’ could be considered:</p> <ul style="list-style-type: none"> <li>a. clinical psychologist licensed by SLMC or a national licensing body in another country,</li> <li style="text-align: center;">or</li> <li>b. clinical psychologist who fulfills the SLMC criteria for licensing,</li> <li style="text-align: center;">or</li> <li>c. person with a relevant specialization in psychology who has undergone 1500 hours of supervised practicums in clinical setting/s, as part of their postgraduate psychology degree program</li> </ul>	<p>Document issued by the degree awarding institution regarding each clinical supervisor.</p> <p>Note: Must Include the following information If a. – SLMC registration number If b. – degree awarding institution If c. – degree awarding institution and fulfillment of relevant training.</p>			

<p><b>6.iii.</b> (a)-(c) should have a minimum of five years of experience since fulfilling the above criteria or have evidence of attaining equivalent level of competence.</p>	<p>Document issued by the degree awarding institution regarding each clinical supervisor.</p>			
<p><b>6.iv.</b> The clinical practice component:  a. Should include both child/adolescent and adult mental healthcare settings:</p>	<p>Logbooks/letter with relevant placement descriptors</p>			
<p>b. Be at a state institution or at a nationally mandated institution (which has been approved by the country's Ministry of Health or equivalent body) that provides the applicant experience with:</p> <ul style="list-style-type: none"> <li>i. in-patient mental health care</li> <li>ii. out-patient mental health care</li> <li>iii. 24-hour mental health care</li> </ul>	<p>Evidence of placement and relevant approvals of the placement, if applicable</p>			
<p>c. Be at a teaching hospital/institution that has been mandated for teaching health professions by the country's Ministry of Education or equivalent body.</p>	<p>Relevant documentation from the respective institution.</p>			
<p>d. A teaching-training agreement with the relevant authority of the hospital/institution, the applicant, and his/her academic department should be provided.</p>	<p>Copy of agreement/relevant document</p>			
<p>e. Provision of weekly one-to-one supervision for a minimum of one hour (or, group supervision for an equivalent amount of time).</p>	<p>Relevant document</p>			

<p>f. Minimum caseload of 10 clients/patients, at any given time, on active psychotherapy by the applicant (where there is clear evidence of the depth and breadth of the provision of assessment and psychotherapy)</p>	<p>Logbooks - where evidence of the depth and breadth of training is indicated through client load and range of mental health issues addressed/ populations served/ modalities used</p>			
<p><b>6.v</b> University Grants Commission (UGC) recognition of the degree programme or World Educational Service (WES, <a href="https://www.wes.org/">https://www.wes.org/</a>) Course-by-Course evaluation report</p>	<p>Evidence of inclusion or relevant report</p>			
<p><b>6.vi</b> Evidence that the degree programme has a minimum requirement of 60 credits at the postgraduate level or equivalent (two-year programme or equivalent)</p>	<p>Transcript/ student handbook pages</p>			
<p><b>6.vii.</b> Document issued/published by the degree granting institution indicating the value of a credit in terms of contact hours and notional hours.</p>	<p>Transcript/ student handbook pages</p>			
<p><b>6.viii</b> Document issued/published by the degree granting institution indicating minimum passing grade for a course/subject within the degree programme (e.g., C, C-, D...)</p>	<p>Transcript/ student handbook pages</p>			
<p><b>6.ix</b> A minimum 15 credit research project, which makes an original academic contribution to the discipline and which is carried out under the guidance of a supervisor holding an equivalent or a higher qualification in psychology.</p>	<p>Relevant document/ transcript/ handbook pages</p>			



**7. Other relevant qualifications**

Please give details of any additional relevant **professional qualifications**. Include qualifications to be obtained from programmes you may be enrolled in but have not yet completed.

<b>Relevant Qualifications</b>	<b>Awarding body/ Institution</b>	<b>Date awarded</b>	<b>Relevant page number(s)</b>	<b>Office use</b>
<b>7.a</b>				
<b>7.b</b>				
<b>7.c</b>				
<b>7.d</b>				

**7.e** Licenses obtained from other bodies to practice as a clinical psychologist or in an allied discipline, if any (include most relevant license only):

Licensing body:

Licensed profession:

Country:

Dates of validity:

Registration number:

**E. Declarations and endorsements**

I declare that the information furnished in this application form is true and accurate. If the information is found to be false at any time, I am aware that I will not be eligible for licensing, my existing license will be withdrawn, and legal action may be taken against me.

.....

Signature of applicant

.....

Date

Full name (IN BLOCK LETTERS)

.....

.....

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--- END OF FORM ---

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