
**Assessment Criteria and Instructions for
Application:
Certification of Proficiency in Nutrition**



**Ceylon Medical College Council
Sri Lanka**

This document has been prepared in accordance with current globally accepted competencies and minimum standards by the relevant bodies in nutrition.

ASSESSMENT CRITERIA AND INSTRUCTIONS TO COMPLETE THE APPLICATION

Introduction

This document lists the competencies and minimum standards which must be met by a candidate applying for the Certificate of Proficiency in Nutrition issued by the Ceylon Medical College Council and the information and documentary evidence to be provided by the applicant in support of having met these competencies.

COMPETENCY STANDARDS FOR NUTRITIONISTS

1. Demonstrate Knowledge and understanding of food, food systems and social and behavioural contexts that affect food choice and food intake at all stages of the life-course
2. Apply key concepts of knowledge and regularly acquire new knowledge recognizing the scientific basis of nutrition and nutritional requirements from molecular to population level
3. Work within evidence – based approaches and be familiar with policies, regulations and guidelines
4. Work within ethical and legal boundaries maintaining confidentiality, honesty, responsibility and professionalism
5. Apply scientific principles of nutrition for the promotion of health and wellbeing of individuals, groups and populations, recognising benefits and risks as a member of a multidisciplinary team
6. Undertake research within multidisciplinary teams
7. Demonstrate leadership and professionalism in nutrition advocacy
8. Be culturally aware and responsive demonstrating inclusivity
9. Communicate effectively across varied cultural, socioeconomic, professional and organisational backgrounds
10. Reflect on and review their own work and undertake continuing professional development activities to address identified gaps
11. Implement effective public health nutrition interventions to promote and protect population health and well-being

PERSONAL INFORMATION

Complete as indicated on the application form.

DOCUMENTARY EVIDENCE REQUIRED

General instructions: in this section (**starting from page number 2**), the required qualifications and experience are listed under subsections along with accepted forms of evidence for each requirement.

- Complete all tables relevant to your qualifications given under this section.
- Submit evidence in the form of a page numbered set of annexures.
- Report the page numbers in the relevant tables. (Please note that providing one type of evidence e.g., certified copy of a transcript, is sufficient for each requirement. In the case of web documents, a printout of the relevant page is required).
- Highlight the relevant section of the document submitted as evidence.

1. BACHELOR'S QUALIFICATION IN NUTRITION

Minimum standard:

Bachelor's Degree in human nutrition/food science and nutrition/nutrition and dietetics/human biochemistry or physiology with nutrition, must be a 3 or 4-year honours degree with a research project.

Evidence: Complete the table and provide certified copies of transcripts.

1.1 Additional supporting documents required with respect to Bachelor's qualifications in nutrition

Minimum standards:

A bachelor's degree with a specialization in nutrition at Level 6 of the Sri Lanka Qualifications Framework (SLQF).

Evidence: Complete table and provide annexures as indicated.

1.2 Courses completed with respect to Bachelor's qualifications in human nutrition or related specialization (eg: Food & Nutrition)

Minimum standards:

1. Adequate coverage of content in human biosciences and food and nutrition science within the undergraduate degree programme.
2. Medium of instruction in the degree programme should be English (if not, evidence of proficiency in the English language should be provided).
3. Application of science in the practice of nutrition in an evidence-based manner.

Evidence:

Indicate courses/subjects done in your degree relevant to the core areas in the given list. The table (**page 3 and 4**) provides examples of potential courses/subjects. You may add any other relevant course/subject names in place of those given. Certified copy of the transcript is mandatory and course outlines/syllabi/handbook pages may also be included for courses/subjects other than those listed.

2 CERTIFICATION OF PROFICIENCY AS A NUTRITIONIST WITH A MASTER'S DEGREE

Those who do not have a bachelor's a degree in human nutrition (or similar degree) but who have a master's level qualification (Level 9 or 10 of the Sri Lanka Qualifications Framework or equivalent) in nutrition (with a research component) can be considered, provided that the bachelor's level qualification contains an acceptable level of biology, biochemistry or human physiology.

Evidence: Complete the table on **page 5** and provide certified copies of transcripts.

2.1 Additional supporting documents required with respect to Master's qualification in Nutrition

Minimum standard:

Master's degree with a specialization in nutrition/dietetics at Level 9 or 10 of the Sri Lanka Qualifications Framework (SLQF) or equivalent.

Evidence: Complete the table on **page 5** and attach evidence.

2.3 Courses completed with respect to Master's qualification in nutrition

Minimum standards:

1. Adequate coverage of content in food and nutrition science and/or dietetics within the postgraduate degree programme.
2. Application of science in the practice of nutrition in an evidence-based manner.
3. Medium of instruction in the degree programme should be English (if not, evidence of proficiency in the English language should be provided).

Evidence: Indicate courses/ subjects relevant to the core areas listed in the table on **page 6**. Complete the table indicating the courses/subjects done in each core area identified. Optional areas may also be indicated.

3. CERTIFICATION OF PROFICIENCY AS A NUTRITIONIST WITH A PhD DEGREE

Those who do not have a bachelor's degree in nutrition but who have a PhD in nutrition need to have obtained a bachelor's degree in human biology, human biochemistry or human physiology. Such candidates must provide all relevant details above and also provide details regarding their PhD in the table given on **page 7**.

Complete the declaration on **page 8**.